Miles Platting Spring 2024 - Issue 66



This document is available in other languages, larger text, braille and on audio cd













Welcome

If you are new to the area – welcome! This is your quarterly Spring Newsletter.

I'm your new Neighbourhood Engagement Officer, Vikki. I'm working with residents on local projects events. If you have any questions or ideas for a project – I would be happy to hear from you.

Contact Us...

If you'd like to get in touch about anything related to Spotlight, contact Vikki Barry by email at: vikki.barry@jigsawhomes.org.uk

Let's Get Social

Why not like our Facebook page for regular updates of community news:



Jigsaw in Miles Platting

We post all of our upcoming projects and events here so keep your eye out!

Jigsaw Rewards



JOIN JIGSAW REWARDS TODAY

Jigsaw Rewards is an exciting opportunity for Jigsaw Group residents to give us feedback on our services, and our plans for the future. Once signed up, residents receive points whenever they take part, which can be exchanged for gift vouchers or rent credits on their account.

Since the beginning of April 2022 we have done 41 consultations and surveys and from our residents feedback we have made some changes to the way we do things!

We would like more residents from the Miles Platting area to register onto Rewards so we have a good representation from our Manchester area.

To take part all you need to do is register on our website at:

rewards.jigsawhomes.org.uk – if you have any difficulties registering please email jigsawrewards@jigsawhomes.org.uk

We currently have a competition running with the chance to win the following prizes for those who participate:

- ★ FIRST PRIZE: Apple iPad (2021 9th Gen) 10.2 Inch Wi-Fi 64GB. (1x winner)
- SECOND PRIZE: £75 Retail Gift Voucher. (1x winner)
- ★ THIRD PRIZE: £25 Retail Gift Voucher. (1x winner)
- *Terms & Conditions apply

Local News

Be Aware

There are reports of someone claiming to remove your rubbish for a fee but they are fly tipping it elsewhere in the neighbourhood. Please let your neighbours and anyone vulnerable know so that they are not taken



advantage of. This is costly and causes fly tipping in your neighbourhood. Please use trusted methods for rubbish removal such as the council's bulky items collection service.

Bulky Rubbish

You can have 3 items per year removed FREE by Manchester City Council. You can book a pick-up online at Manchester.gov.uk or by ringing 0161 2345 004 (if you wait through the recorded message it does go through to the department).

You can take bulky rubbish to the **tip in Newton Heath**. The address is **Reliance Street Recycling Centre**, **Reliance Street**, **Newton Heath**, **M40 3EZ**.

Garden Waste

You can use a **green** waste bin to get rid of garden waste and food waste. If you do not have a green bin you can request a free bin using the website or telephone number above. You can also request a small green bin and biodegradable bags for kitchen food waste.

Overflowing Bins

You can reduce the amount of rubbish by recycling efficiently. If you crush cans and plastic bottles they take up less room. If you find you are filling the recycling bins you can have extra or bigger blue, brown and green bins. You can use the website or phone to request these bins. These bins are free but you have to pay for new grey bins.

If you place the wrong items in the bins they may not get collected. Ensure you do not put plastic bags, plastic food trays, plastic cling film or toys in any of the recycling bins. These should all go in the grey bin.

Paper and cardboard <u>only</u> in the blue bin.

Cans, plastic bottles and glass bottles and jars in the brown bin.

If you are a household of 6 or more people you can ask for a family size grey bin.





Easter Arts & Crafts Session for Children

Date: Thursday 4th April 2024

Time: 11am-1pm

Location: Miles Platting

Community Library, located in

Victoria Mill Park

Address: 1 Bourdon Street,

Manchester, M40 7DB

Community Library

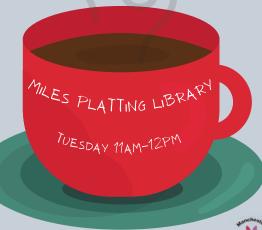
The library's opening hours are:

Tuesday 10am – 5pm Thursday 1pm – 7pm Saturday 10am – 1pm

The library are offering a warm space and a cuppa during opening hours.

Fancy a Brew?

JOIN US FOR A DRINK AND A CHAT AT OUR WEEKLY DROP-IN FOR OLDER PEOPLE







Health & Wellbeing

Miles Platting Community Grocer

Miles Platting Community Grocer is open, offering local residents a weekly shop for just £3.

Customers must be within a 15 minute walk/drive from the community grocer.

Where – Queensbury Court community room, Queensbury Court, Wardle Street, Miles Platting, M40 7DD

When - Thursdays 12pm - 2pm

The community grocer is now being managed by Jigsaw Homes. Please email **vikki.barry@jigsawhomes.org.uk** or call Vikki on **07708 835624** for more information.



Social Supermarket Miles Platting

The Social Supermarket located at The Church of the Apostles on Ridgeway Street is an initiative to help local residents reduce the cost of their weekly food shop, and help to prevent food waste.

The weekly cost is £4 with a £5 sign up fee. The food is provided through FareShare which is paid on a quarterly basis and is topped up with other essential items by the project.

This group has been successful in applying for funding through the Jigsaw Foundation Fund this will enable the group to continue to support the community.

They are open 4 days a week which covers early evenings and weekends to be inclusive to working people.



SOCIAL SUPER MARKET & postles

WHAT IS THE SOCIAL SUPER MARKET?

The Social Super Market is a brand new initiative to help local residents reduce the cost of their weekly food shop, and help to prevent food waste!

It costs £5 to sign up, and then it is just £4 each time you shop. You can come twice a week - as long as it is not on consecutive days!

You can pay by cash or card - or set up a regular pre-payment via PayPal. You can even 'Pay it Forward' and help cover the cost of someone elses shop.

Your £4 allows you to choose from a large variety of items including groceries, fresh fruit and vegetables, plus all the usual store cupboard favourites - just like going to the supermarket!

Other than being a local resident, there are no other criteria for joining the Social Super Market.



Save Money



Tackle Food Waste



Support your local community

If you have any questions, call or text us on **07393 574 571** or email **supermarket@greatertogethermanchester.org.uk**

HOW TO FIND US



OPENING TIMES

TUESDAY	12PM - 4PM
WEDNESDAY	12PM - 7PM
FRIDAY	12PM - 4PM
SATURDAY	12PM - 2PM

Church of the Apostles, Ridgway Street, Miles Platting M40 7FY



PLASTIC BAKERY PACKAGING

Any brand of plastic bread bags and closure tags.

6
HALF HALF
SLICED
ROLLS
Warburtons



Any brand of bakery plastic

packaging (eg. crumpet packaging, plastic trays, plastic bags).

No paper bags or wax wrap.

DENTAL CARE PRODUCTS

Electric toothbrush heads and covers.

Electric flosser nozzles.

Flossing sticks and interdental brushes.

Dental floss containers.

Manual toothbrushes.

No battery operated toothbrushes, electric toothbrush handles, toothpaste tubes, or dental floss.

WARBURTONS WAX WRAP

Warburtons branded waxed paper bread packaging only.



No other brand of waxed paper packaging.

SNACK WRAPPERS

All brands of biscuit, cake and cracker wrappers.

No seed packets, dried fruit packets, meat snack packets or crisp tubes.



PRINGLE TUBES

Pringles branded tubes only.

No crisp packets or other types of tubes.

Plastic lids can be recycled at home



No aerosols, glass air freshener cartridges or flexible packaging not used for home cleaning (eg. baby wipes packaging).





AIR, HOME AND LAUNDRY

All brands of plastic air freshener containers, cartridges, caps and car air fresheners.

All brands of flexible laundry washing capsules and dishwasher tablets packaging.

All brands of tinted fabric conditioner bottles and caps.

All brands of flexible wipe packaging and tinted plastic tubs used for home cleaning.

Lenor tumble dryer sheets.









WMB Winstanley Day Nursery

WMB WINSTANLEY DAY NURSERY



















WWW.WMBCHILDCARE.CO.UK

Navigating the Parenting Journey Together: Key Questions to Ask Your Child's Nursery Keyworker

In the fast-paced whirlwind of daily life, the brief moments of interaction during pick-ups and drop-offs at the nursery can often feel fleeting and surface-level. As a parent, you want the best for your child, but amidst these hurried exchanges, it's common to find yourself at a loss for what to ask. This is where the significance of parent meetings shines brightly. At WMB Childcare Ltd, we recognise these meetings as golden opportunities for building a robust partnership that nurtures your child's all-round growth and development.

Understanding Your Child's World Through Their Keyworker's Eyes:

- 1. **Progress and Milestones:** "Can you share some recent milestones my child has achieved and areas where they might need additional support?" This question opens the door to understanding your child's developmental progress, both in terms of strengths and areas for growth.
- **2. Day-to-Day Experiences:** "What activities does my child enjoy the most, and how do they interact with peers and staff?" This inquiry helps paint a picture of your child's daily life, their likes, dislikes, and social dynamics.
- **3. Behavioural Insights:** "Have you noticed any changes in my child's behaviour or emotional wellbeing?" This question is crucial for catching early signs of discomfort or distress that might not be immediately apparent.
- **4. Educational Approach:** "How does the nursery's curriculum cater to my child's individual learning style?" Understanding the educational approach gives insight into how the nursery supports your child's unique learning journey.
- **5. Health and Nutrition:** "Can you provide updates on my child's eating habits and overall health at the nursery?" This ensures your child's physical wellbeing is aligned with your expectations and the nursery's standards.

- **6. Parental Involvement:** "How can I further support my child's learning and development at home?" This question highlights your role as a co-educator in your child's life journey.
- **7. Feedback and Concerns:** "Do you have any feedback for me as a parent, or are there any concerns I should be aware of?" This fosters a two-way street of communication, ensuring that you are as much a part of the learning process as your child.

WMB Childcare Ltd: A Partnership of Care and Excellence:

At WMB Childcare, we don't just view these meetings as routine check-ins; they are integral to our commitment to your child's individual journey. Our keyworkers are trained to provide nuanced insights into your child's world, ensuring that every question you ask is met with thoughtful, informative responses. We understand the weight of the trust you place in us and strive to foster a nurturing environment where your child can thrive.

A Call to Action for Every Parent:

As you prepare for your next parent meeting, remember these questions are not just inquiries; they are steppingstones towards a deeper understanding and connection with your child's developmental journey. We encourage you to engage, inquire, and collaborate with us at WMB Childcare. Together, let's pave the way for your child's success, happiness, and well-being.

For more information and insights into your child's growth and our educational approaches, call us on **0161 205 7933** or visit **www.wmbchildcare.co.uk**. Your journey as a parent is ours to share, and every question you have is a valuable thread in the tapestry of your child's future.

You are not alone and should never walk the parenting road alone!

Your Friend & Co-Carer

Andrew

CEO, WMB Childcare Ltd





MAKING MANCHESTER FAIRER



manchester.gov.uk/helpinghands

Need help with your finances?

You may qualify for help through Discretionary Housing and council tax payments.

In a financial crisis, you can apply for fuel and cash grants.

manchester.gov.uk/financialsupport

Run out of data?

Use the free Wi-Fi in your local library.

To find out more, text **07860 064128** or visit **letsgetdigitalmanchester**.

Have you used the benefits checker?

Make sure you're getting everything you're entitled to.

Find out more: **gov.uk/ check-benefitsfinancial-support**

Mental health support

You're not alone if you need support. People aged 11–25 years:

www.kooth.com

If you need immediate support, contact:

Shout 24/7 Text: 85258 Samaritans Tel: 116 123 Email: jo@samaritans.org In an emergency, call 999.

Measles cases are increasing in the UK.

Two doses of the MMR jab give lifelong protection against measles.

Unsure if your MMR jabs are up to date?

Contact your GP for a catch-up appointment.

Citizens Advice are here to help.

We offer free confidential, impartial and independent advice on many subjects.

0808 278 7800 citizensadvicemanchester.org.uk

Food for thought!

Local food banks and community grocers can help you put food on your table.

manchester.gov.uk/helpinghands

Free travel around Manchester.

Free city centre bus service: tfgm.com/public-transport/bus/free-bus

Discounted and free travel: tfgm.com/tickets-and-passes

Call Manchester's free Cost-of-Living Advice Line

0800 023 2692

Lines are open Monday to Friday 9am-4.30pm

Text us on **07860 022876** manchester.gov.uk/coladvice

Money Matters

Since the coronavirus lockdown, a lot of people have seen their circumstances change, especially seeing a change in income.

Tina Chadwick is here to help you deal with all your benefit problems, debt problems and provide advice on other matters concerning finances.

What sort of help is provided?

- To find out what benefits you are entitled to claim.
- To advise and assist with claiming state benefits, including help completing forms and online applications, if required.
- To write letters seeking review and appeal.
- To give budgeting and money advice, including finding the best deal on your fuel supplies and utilities.
- Debt advice including negotiating repayments with creditors on your behalf.
- Advice on the availability of suitable financial services.

To arrange an appointment, or for further information about the service, you can contact Tina in a number of ways:

- Through a referral from your Housing Officer
- Call Tina directly on 0161 203 2605 or 07793 186804
- Email christina.chadwick@jigsawhomes.org.uk

Scope

Support with your energy and water needs

Our expert advisers can support you through a wide range of topics related to your energy and water needs, including:

- managing energy and water debt
- changing your meter
- energy and water efficiency
- accessing benefits, grants, and trusts
- contacting or complaining to your supplier
- understanding your gas and electricity bills
- understanding how to use your heating systems
- support registering with the Priority Services Register



Scope

Disability Energy Support

We offer free energy and water advice to disabled people, helping them to manage their energy and water needs.

The service is open to:

- any disabled person or households where 1 or more disabled people live, and
- those households are in England or Wales

Telephone appointments

You will get a telephone appointment with an energy adviser that will last up to 45 minutes. During this appointment you will get information and advice specific to your needs.

Your adviser will arrange any follow-up appointments, if you need them.

To get the most out of your appointment, please try to give your adviser as much detail as possible. You should have pen and paper for taking notes and the following information easily available:

- your most recent gas or electricity bill
- an up-to-date meter reading, if possible
- details of any missed payments or arrears
- details of any payment plans agreed with your energy supplier



Email support

You will receive an email from one of our advisers containing advice that is tailored to your situation. You should receive this within 10 working days.

Applying for energy and water support

During your application you will be asked about the type of support you need. Here you can choose how you would like to receive your advice.

Personalised action plans

You will also get support through a personalised action plan, setting out steps for you to take to resolve the problem. This may include contacting other services for additional advice and support.

Further support

You can also look at our online advice and support for help with:

- energy saving tips
- accessing energy benefits, grants and trusts
- understanding how to use your heating controls
- discount on water bills

If our adviser believes you could be entitled to further benefits or need advice on managing debt not related to energy. They will point you to other services that can help you.



Making adjustments

We can make adjustments, such as:

- video calls with British Sign Language interpreters
- language interpreters if you wish to talk to us in another language

If you have questions about accessing the service, please get in touch.

Office opening times

We are open Monday to Friday from 8am to 8pm.

Energy Redress Scheme funded

This service is funded by the Energy Redress Scheme set up by the Energy Saving Trust.

We are supported by UK Power Networks, Anglian Water, SGN, Cadent, Wales and West Utilities, Northern Gas Networks, Outfox the Market, Bristol Water and Wessex Water.

Contact Disability Energy Support

Phone: **0808 801 0828**

Email: Disability.EnergySupport@scope.org.uk





Advice Line for Cost of Living Crisis Support

To support Manchester residents through the cost-of-living crisis, Manchester City Council have an advice line that offers:

- 1. Support with benefits and help with your rent (this is an existing offer made available through the contact centre)
- 2. Advice about debt and paying bills (this will be done in conjunction with Citizen Advice Manchester)
- 3. Food support (residents will receive a call back to understand their needs and connected into a local food offer)



Open 9am to 4.30pm, Monday to Friday.

Phone free 0800 023 2692.

The person you speak to will have access to language line for residents whose first language is not English. Sign Video will also be available.

You can Fill in the Request Cost of Living Advice form to get online support.

Look on manchester.gov.uk/helpinghands for advice on the cost of living crisis.

Cost of Living Local Help

If you are struggling to pay your water bill you can contact **United Utilities** so they are aware and can offer support.

If you are claiming Universal Credit, Pension Credit, or some other benefits you may be able to access social tariffs for cheaper broadband and phone packages. Find out more on the **Ofgem** website.

Greater Manchester Poverty Action (GMPA) provides a map of foodbanks, furniture repairs and advice centres in Manchester.

Streetsupport provides further details of support available across Greater Manchester for people in poverty and experiencing homelessness.

You can apply to the **local welfare assistance scheme in Manchester**, which may provide help with furniture or energy payments.

Mustard Tree and **Wesley Community Furniture** offer help with affordable furniture.

These links were recommended by Manchester Mind, for anyone who wants support.

Citizens Advice

Citizens Advice Manchester offers free, confidential, impartial and independent advice and information on a wide range of subjects. Find out more on the Citizens Advice website.

Groundwork

Energy, advice and support

Helping Greater Manchester residents become warmer, healthier and better off in their homes by providing energy saving advice and home improvements to put an end to cold homes.



Free SIM cards with internet access

Any Manchester resident (over the age of 18) who is on a low income and struggling to pay for internet access can now get a free SIM loaded with free data.

SIMs come with free internet access for up to 6 months!

All you have to do is pop into your local library and ask for help.



General Advice and Support

Managed Migration - Tax Credits are being replaced by Universal Credit

What is Managed Migration?

Managed Migration is the final phase of the roll out of Universal Credit. It is where those claiming one or more of the 'legacy' benefits that Universal Credit is replacing are 'invited' to claim Universal Credit instead.

If you receive a 'legacy' benefit, then when it is your turn to move onto Universal Credit the DWP will send you a 'Migration Notice'. This is a letter notifying you that your legacy benefit entitlement is due to end and inviting you to claim Universal Credit instead. You don't need to do anything until you receive your Migration Notice.

If you do receive one - don't ignore it. Your 'legacy' benefits will end. Depending on your circumstances you may not receive your Migration Notice until 2028. In 2023/24, Migration Notices will be sent to those claimants whose only 'legacy' benefit is Tax Credits. The government has stated that it plans to complete the Managed Migration process by the end of 2029.

Universal Credit is a benefit for working aged people designed to simplify the welfare system. It combines the six 'legacy' benefits into one single payment. It is designed to give you a minimum level of income based on your individual circumstances.

It is for people who are working, looking for work, or unable to work due to an illness / disability or caring responsibilities. The six 'legacy' benefits Universal Credit is replacing are:

- Working Tax Credit
- Child Tax Credit
- Income-Related Employment and Support Allowance
- Income Support
- Income-Based Jobseekers Allowance
- Housing Benefit

Those claiming one or more of the above benefits will be 'invited' to claim Universal Credit instead. Depending on your circumstances you may not receive your Migration Notice until 2028. This guide is for Anyone receiving Tax Credits (Working and/or Child Tax Credit) but NOT receiving another 'legacy' benefit (named above).

Why is this guide for Tax Credit-only claimants?

In 2023/24 the DWP are only asking those Tax Credit claimants who are not receiving another 'legacy' benefit to claim Universal Credit. So, the information in this guide is focused on these claimants.

What if I'm receiving one of the other 'legacy' benefits?

The earliest you will be asked to claim Universal Credit is April 2024. You may need to claim Universal Credit before then if you have certain changes in your circumstances. ALWAYS seek expert advice before making a claim for Universal Credit.

What if I don't want to claim Universal Credit?

HMRC are closing down Tax Credits so you will not be able to continue receiving support in this way. Once you are chosen for Managed Migration, the DWP will send you a letter - called a Migration Notice - and your Tax Credits will end whether you make a claim for Universal Credit or not.

If I am going to have to claim Universal Credit anyway, why don't I just make a claim now?

If you're currently getting a legacy benefit, then you do not need to do anything unless you receive your Migration Notice or have certain changes in your circumstances. If you claim too early, then you may not receive the Transitional Protection you are otherwise entitled to. If you are unsure when you will need to claim Universal Credit, then speak to a Benefits Adviser.

Making the move onto Universal Credit

Step 1: Receive your Migration Notice

If you have received a Migration Notice, then your Tax Credits award will be ending soon - the date is in this notice. Universal Credit works differently to Tax Credits

Step 2: Get advice

There's lots to consider, so you are best seeking advice from a Benefits Adviser. They can chat through the best time for you to make your claim for Universal Credit, whether you might be entitled to some Transitional Protection, how to make a successful claim and any new responsibilities you are likely to have.

Step 3: Get ready to claim

It is essential that you make a successful claim for Universal Credit. So knowing what's involved and gathering all the information and evidence needed is important.

Step 4: Make a successful claim at the right time

When you have decided the best time to claim and have everything prepared to make a successful claim, then it's time to go online and make the claim. If you are going to struggle, help is available.

Step 5: First payment of Universal Credit

You'll receive your first payment of Universal Credit around 5 weeks after you make your claim. Check that it is correct - mistakes can be made and it is better to spot these early on. If you will find it difficult to manage whilst you wait for this first payment, think about requesting an Advance Payment.

Step 6: Managing your ongoing Universal Credit award

If you have made an online claim for Universal Credit, then you will manage this online too. Login regularly to see if you have any 'to-dos', report any changes, report childcare payments, and check your Universal Credit payment statements. Watch for texts (and emails) too and make sure you respond to these promptly.

Getting Help

Contact Jigsaw Homes to make an appointment with **Tina Chadwick Money Adviser on 0800 234 6826.**

DWP Migration Notice Helpline Telephone: 0800 169 0328 (calls are free from mobiles and landlines) Open Monday to Friday, 8am to 6pm

Citizen Advice Help to Claim Service www. citizensadvice.org.uk/about-us/contact-us/ contact-us/help-to-claim

Get help to buy food and milk

Help your family stay healthy and apply for your prepaid Healthy Start card.

For more information and to apply to the NHS Healthy Start scheme, visit: www.healthystart.nhs.uk
Or call on 0300 330 7010.



Lets Get Digital

As the cost of living crisis continues, the MCC Digital Inclusion team want to share the support they can offer to residents who are struggling.

From cheap laptops and PCs to free WiFi and smartphones, they can get the kit and data that residents need to get online and for those who need to boost their digital skills, there are many locations across the city offering free classes and drop ins.

They also offer free telephone support to people who have internet access at home, but don't have the skills or confidence to use it effectively. To access this free support,

Text: 07860 064128 or

Email: digitalinclusion@manchester.gov.uk

Digital exclusion is far more likely to affect those on low incomes, can cost households up to £560 per year from the missed savings of shopping and paying bills online, and will negatively affect earnings. People with higher digital skills earn 3-10% more than those with low skills, make greater savings online and can access public services more easily. They believe that digital inclusion is an essential part of the response to the cost-of-living crisis. Please get in touch or see our website to find out more: www.letsgetdigitalmanchester.com

Manchester MIND

Their **Food For All Team** offer support for those experiencing food poverty and mental health problems. You can also access support from an Advice Worker at these sessions.

Max Your Money

The Growth Company launched this initiative to support GM residents with the cost of living crisis. **Max Your Money** allows residents to easily understand what services they offer which can help them maximise their income whether it is finding employment, securing an additional job, gaining new skills to secure a better job or accessing support to develop their business.

They are working with a partner network which includes Citizen's Advice, Trussell Trust & GM Poverty Action who will promote their offer to their customers, many of whom are accessing advice services for the first time.

United Utilities

United Utilities is offering online debt support service to everyone in the North West amid ongoing cost of living crisis. You can visit their **Hardship Hub** to find out more about the support available for you.

Jobs & Skills



ets talk - Looking for meaningful employment? about yes

At Yes Manchester, we believe in the power of a personcentered approach. We recognise that each individual has their own unique journey and challenges. That's why our services are designed to provide comprehensive support tailored to your specific needs. Whether you are unemployed or under-employed, an adult or a young person, we are here to help you navigate the obstacles holding you back from reaching your full potential.



Our team of experts are equipped to address a wide range of barriers that may be affecting your life, such as debt, literacy, housing, mental health, and more. We take the time to understand your circumstances, listening with empathy and offering guidance every step of the way. Together, we will develop a personalised action plan to help you overcome these challenges and create a brighter future.

Choosing Yes Manchester means choosing a community of support and opportunity. We are dedicated to making a positive impact in North Manchester, and we want you to be a part of this transformative journey. By utilizing our services, you will gain access to a wealth of resources, professional expertise and ongoing support.

Yes Manchester, is a registered charity committed to supporting the vibrant community of North Manchester into meaningful employment or training opportunities. We are a dedicated team of 10 individuals driven by a shared passion to uplift and empower individuals like you.

Looking for training opportunities?

Through strategic partnerships and collaborations with training providers, we offer a diverse array of services to support your journey. From building a standout CV to mastering effective job search strategies, we provide the tools and resources necessary to enhance your employability. We also facilitate access to vital skills training, equipping you with the expertise needed to excel in your chosen field. Our commitment goes beyond just finding you a job; we ensure sustainable employment that empowers you to thrive.

Looking for interview advice and guidance?

35-39 Southchurch Parade, Collyhurst, Manchester, M40 7GE

0161 260 1600

EMRĪL

yesinfo@yesmanchester.co.uk

115 Briscoe Lane, **Newton Heath,** Manchester, **M40 2TP**

Jigsaw Employment & Training Team

Are you looking for a job, a change in career or have an idea to start a new business? Are you interested in one-to-one advice or accredited and non-accredited training? If you answered yes to any of these questions, please contact our friendly and dedicated Jigsaw employment & training team who are experienced in all aspects of employment, learning and skills development.

Email: employmentsupport@jigsawhomes.org.uk

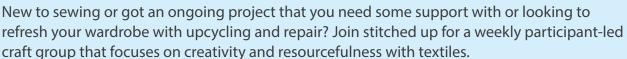


Stitched Up Sewing Classes

Stitched Up Crafternoons

Workshop Dates: Tuesdays 27th Feb, 5th, 12th, 19th & 26th March and 2nd April

Workshop Venue: Queensbury Court, Wardle Street, Manchester M40 7DD



During the course, the groups will work on a range of crafts such as fabric printing, applique, learning to use sewing machines, making dolls clothes, patchwork, clothes, upcycling, visible mending and more!

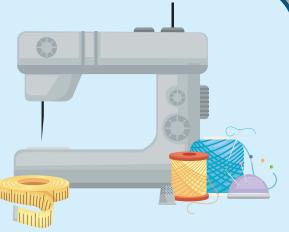
A Stitched Up facilitator will be on hand to problem solve and give guidance on your own personal projects or advise which user friendly projects you should start with.

Level: absolute beginners, intermediate, adults

Skill: Learning to use a machine, making adjustments and alterations for fit, hand sewing, visible mending and upcycling clothing and household textiles.

Bring: Stitched Up will provide basic equipment and a small selection of materials to use however you will need to bring your own project material such as fabrics or clothing to mend. Sewing machines will be available.

Venue Contact Details: There are only 12 spots available, so if you'd like to reserve one, please get in touch with **Vikki Barry on 07708 835624** or by email: **vikki.barry@ jigsawhomes.org.uk**



Volunteer Centre Manchester

Want to volunteer?

Volunteer Centre Manchester can offer:

- Details of local volunteering opportunities
- Advice on volunteering
- Help with finding the right volunteer role
- Signposting to other organisations for training and support
- The chance to get involved with major local events



SCAN ME

The next steps:

- On our website, you will find a series of options including I want to volunteer.
 From there, you can sign up to our mailing list to receive our weekly volunteer newsletter and information about our volunteering fairs.
- To see what roles are available, click

Volunteering opportunities from the nomepage to see what you can get involved with and to apply.

 If you would like a more in-depth conversation about volunteering or face barriers in accessing our website, then please get in touch to book a one-to-one appointment. You can also use our **Contact us** form on our website.

Do you have a question about volunteering?

Get in touch!



Contact us:

- ⋈ info@volunteercentremanchester.co.uk
- www.volunteercentremanchester.co.uk
- **♥** VolunteeringMcr
- © volunteercentremanchester
- **f** VCMOfficial
- **Q** 0161 830 4770



WMB Winstanley Day Nursery

WMB WINSTANLEY DAY NURSERY



















WWW.WMBCHILDCARE.CO.UK

OFSTED OUTSTANDING NURSERY - QUALIFIED NURSERY STAFF & MANAGEMENT REQUIRED

Join the WMB C.A.R.E CHAMPS – We Are Championing The Early Years Cause of Children In Manchester.

Are you ready to make a difference? Are you prepared to be challenged? Are you excited to be a part of something bigger than yourself? If yes, then Winstanley Day Nursery is looking for someone like YOU!

We now have available vacancies at our **OFSTED 'OUTSTANDING' nursery, Winstanley Day Nursery, Winstanley Road, M40 7WN**. We work in partnership with Manchester City Council to deliver quality early years education to the Miles Platting, Newton Heath, Ancoats & Collyhurst locality of Manchester.

Are you passionate about nurturing young minds and making a positive impact? We value dedication and offer a base salary for qualified practitioners of £20,319 per annum for 37.5 hours of work per week (part time hours and apprentices considered). Our starting salary for our management team is £24000 p/a (rising to 27K).

At our nursery, we prioritize diligence, a great attitude, and a passion for childcare over specific skills. We value individuals who are adaptable and flexible, always willing to go the extra mile.

If you're ready to join a supportive team and create a joyful learning environment, apply now. Together, let's make a difference in the lives of our little ones!

To apply send your CV to us at info@wmbchildcare.co.uk or call 0161 205 7933 or Claudia, Area Coach on 07516 951527.









It's time to Spring into action!

With spring bulbs poking their heads above the soil, it brings a feeling of optimism and new beginnings. The days are getting longer and there's lots to get ready out there in the garden for the new gardening year ahead!

Start by...

- 1. **Tie your trees.** Conifers that have been splayed by the snow can be pulled back into shape by wrapping them in black, 1 inch nylon netting. This will support the branches and let new growth through. It is almost invisible and will last for years. Be careful not to disturb any birds that may be nesting in large conifers at the moment!
- **2. Clear away any leaf debris** from paths and gulley's and jet wash your patio to remove any buildup of moss/algae to give it a fresh new look.
- **3. Transform dull patios and gardens** with groups of primulas, polyanthus, pansies and daffs. They look good in the ground or in patio pots and containers but keep them well watered.
- **4.** Garden centres want you to buy summer bedding plants as soon as possible, but a late frost could kill them. Wait to give your plants a better chance.
- **5. Cut the lawn.** If you have not thought about cutting your lawn, best do so now. Put the mower on a high cut for the first few go's, gradually lowering the height as the grass grows more vigorously. Think about a spring feed if it is looking peaky.
- **6. Weeding.** If you get on top of weeds now, while the beds are still empty, you will be ahead for the rest of the year!
- **7. A pre-season check** is a great idea this time of the year. Are your garden tools ready for the busy gardening season? Check them and fix, sharpen or replace them as necessary.







QUESTIONS FROM THE MAIL BAG

Q. I have been tidying my shed and need to dispose of some garden chemicals. What is the best way to dispose of them?

A. Contact your local authority's waste disposal section for disposal of out of date, withdrawn or surplus pesticides, as they can advise on which household sites will accept chemicals. When taking quantities of chemicals to your waste disposal facility, ensure that containers are carefully sealed and clearly labelled with the name and active ingredient on the product on the side. Never pour down a drain.

Q. My lawn is covered in moss how can I get rid of it?

A. Aerate the lawn, you can do this with a garden fork and brush in some sharp sand. You can also buy some lawn feed which contains a moss killer. Over time moss will die off, just rake out the dead stuff and re-seed the patches.

SPRING GARDEN GIVEAWAYS - you'll need to be quick for this one!

- Great selection of seeds
- Peanut bird feeders
- Bug hotels
- Garden hose sprinkler attachment
- Water globes (keep plants watered whilst you are away)
- Garden gloves
- Pull down hanger for hanging basket
- rolls of garden twine (great for securing your plants and climbers)
- handy canvas garden bags
- bulb baskets for ground planting

Be first in line and bag your freebie by contacting Patrice at Baker House. Stocks are limited. Either email milesplatting@jigsawhomes.org.uk or call 0800 234 6826.
*open to Jigsaw residents only



.....PAUSE FOR THOUGHT

Pause for thought – consider your garden as 'an extra room' - it deserves as much consideration as the inside of your home. Please care for your garden and keep it tidy - IT'S YOUR RESPONSIBILITY!

HAPPY GARDENING!



KURDISH

MANDARIN

POLISH

本文件可以应要求, 制作成

ਪੰਜਾਬੀ ਵਿਚ ਵੀ ਲਿਆ ਜਾ ਸਕਦਾ ਹੈ

中文 (简体字) 版本。

Dokument ten jest na życzenie udostępniany

w języku polskim.

ئهم بهلگهیه به پیی داواکاری به زمانی كوردى ش دەس دەكەويت

Ce document est disponible en français sur simple demande.

GUJARATI

આ દસ્તાવેજ વિનંતી કરવાથી ગુજરાતીમાં મળી રહેશે.

HINDI

अनुरोध पर यह दस्तावेज़ हिन्दी में भी उपलब्ध है

درخواست پر بیددستاو پزار دو میں بھی مل سکتی ہے۔

VIETNAMESE

Tài liệu này có sẵn bằng tiếng Việt khi được yêu cầu.

هذه الوثيقة متاحة باللغة العربية عند الطلب.

BENGALI

অনুরোধ করলে এই ডকুমেন্টটি বাংলা তে ও উপলব্ধ

CANTONESE

本文件可以應要求,製作成中文 (繁體字) 版本。

FARSI

این مدرک در صورت درخواست به فارسی موجود است. Dokumentigaan waxaa lagu helaa Soomaali haddii la codsado.

ਇਹ ਦਸਤਾਵੇਜ਼ ਮੰਗ ਕੇ

Baker House Office T 0800 234 6826 Open Monday to Friday, 9am to 5pm (6pm on Wednesday) **Emergency Repairs T** 0800 234 6826 Allpay **T** 0800 234 6826 For direct debit, debit/credit card payments & ordering new rent cards •••••• **Housing Benefit queries: T** 0161 234 5003 e: benefit.enquiries@manchester.gov.uk **Council Tax queries: T** 0161 234 5002 e: ctax.enquiries@manchester.gov.uk **Miles Platting Outreach T** 0161 227 3787 **Library Open:** Tuesday 10am - 5pm Thursday 1pm - 7pm Saturday 10am - 1pm **Environment on call: T** 0161 234 5004 e: contact@manchester.gov.uk Find out your utility supplier: Gas: T 0870 608 1524 Electric: T 0870 751 0093